

HOW TO BE A GODLY SINNER – PSALM 32 / OCT. 5

SERMON DISCUSSION GUIDE

Read & Pray

Read **Psalm 32**. After reading, spend 60 seconds in silent listening prayer. What applications or thoughts about the text came into your mind? Might those be from the Spirit? Close with a prayer to God for wisdom to apply these truths.

Sermon Recap (to *apply*, not rehash the sermon)

Review the sermon with your group, highlighting the following:

- “A way that you know you are godly is not that you don’t sin ... but is seen in how you respond to your sin.”
- “God’s a safe place because he covers our sin ... we’re all sinners who deserve what’s coming, but on the cross Jesus covered us.”
- “For godly grief produces a repentance that leads to salvation without regret ... Guilt keeps us away from God ... godly grief ... leads us to repentance ... takes us to God.”
- “God’s not waiting to condemn you. He wants to release healing in your life ... But that can only happen when we own our sin.”

Group Discussion

1. After hearing Psalm 32, what words or images stand out to you most, and why do they matter for people who feel stuck in failure?
2. Pastor Bryan stressed God as a “safe place.” Where do you see that in Psalm 32, and how might that reshape our reflexes after we sin?
3. Verse 5 models naming sin without excuses. What can help our group practice honest confession today without shaming, silencing, or minimizing real harm?
4. Turning losses into lessons (v. 8) can bless others. What past failure, handled with humility and boundaries, might God use to instruct someone this week?

SCRIPTURE

- ☐ “God is light, and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say we have not sinned, we make him a liar, and his word is not in us.”
- 1 John 1:5–10 (ESV)

PRAYER

- ☐ Ask God to make our group run to him as our “hiding place” where sin is “covered” and “not counted” (Psalm 32:1–2, 7), creating a culture safe for repentance rather than shame.
- ☐ Ask God to grant us honest, specific confession: “I acknowledged my sin ... I will confess,” rejecting self-covering and half-truths, so that his ready forgiveness restores integrity, healing, and fellowship among us (Psalm 32:5).